

# 你聽過 WELL 嗎？一個讓建築更健康的標準？

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說到建築標準，你可能聽過台灣的綠建築標章，也聽過智慧建築，甚至是現在正在推動的低碳建築標章。如果你對國際認證比較熟悉，那你應該也有聽過美國的 LEED 綠建築認證。不過今天，我想問：你聽過 WELL 嗎？

為什麼這幾年這麼多上市櫃公司、外資企業，都開始重視 WELL？原因很簡單，因為 WELL 這套標準，關注的不是節能環保，而是在關心「人在建築裡面，過得健不健康？」

WELL 是由國際 WELL 建築研究院 (IWBI) 在 2014 年所發表，這套標準是經過六年，集合醫學、科學與建築三個領域的專家共同制定而成。如果說 LEED、綠建築比較關注的是建築效能，那麼 WELL 的核心就是「以人為本的健康建築」。

WELL 並不只是針對設計或設備，它從整體空間的使用者角度出發，把建築的健康影響分成十大概念。除了我們熟悉的音、光、熱、氣、水和材料這些物理條件以外，還包括了營養、運動、精神的概念，甚至連社區都涵蓋進去，從身體到心理，再到整體生活狀態，全方位思考人在空間裡的健康狀態。

更特別的是，WELL 要求從設計、政策到營運三個面向都必須同步思考，讓健康不是只在完工那一天達標，而是進入空間之後，每天都能感受到的體驗。所以要取得 WELL 認證，不只需要準備文件送審，還必須通過由官方授權的第三方機構進行現場性能驗證，才能取得不同等級的 WELL 標章。

我們太格公司一直以來的核心價值就是「健康」。對我們來說，WELL 不僅僅是一套認證標準，而是一種我們相信、也願意身體力行的健康生活方式。除了我們提供了許多符合 WELL 的地板材料以外，我們自己在林口的辦公大樓，也早在 2021 年成為全台第一棟既有建築取得 WELL 鉑金級認證的案例。今年，我們也順利完成了每三年一次的 WELL 再認證，也代表著太格不是一次性投入，而是長期維持一個真正健康的工作環境。



## What If Buildings Could Make You Healthier? Meet the WELL Building Standard

Semiflor AI News | AI Transcript

When it comes to building standards, you may have heard of Taiwan's Green Building Label, the Intelligent Building Label, or the emerging Low Embodied-Carbon Building Rating System (LEBR). And if you're more familiar with international systems, chances are you've heard of the U.S. LEED Green Building Certification too.

But today, I have a different question for you! Have you heard of WELL?

So why are so many listed companies and international firms now paying attention to WELL? Because it asks a different kind of question, not about energy or carbon, but about people. Are we truly healthy when we spend most of our lives indoors?

WELL was launched in 2014 by the International WELL Building Institute (IWBI). It took six years to develop, bringing together by scientists, physicians and industry professionals. While standards like LEED focus on building performance, WELL shifts the focus to people. It's all about health and well-being in the spaces where we live and work.

WELL isn't just about interior design or equipment. It starts from the user's perspective. It starts from the user's experience. It looks at how buildings impact health across 10 core concepts. Beyond the physical elements like air, water, light, sound, thermal comfort, and materials, it also considers nourishment, movement, mind, and even community. From our body to mind to everyday lifestyle, WELL takes a truly holistic view of what it means to feel well in a space.

What truly sets WELL apart is its focus on the everyday experience, not just design blueprints. It brings together building design, company policies, daily operations, and long-term maintenance into one integrated system. The goal isn't just to be "healthy" on paper. It's about how to create an environment where people can feel good on every single day. And to earn WELL Certification, it's not just about submitting documents. Projects must go through on-site performance verification by an authorized third-party organization, ensuring that what's designed on paper truly works in real life.

At Semiflor, health has always been our core value. For us, WELL is more than just a standard. It's a lifestyle we believe in and actively practice. In addition to offering WELL-compliant flooring materials, our Taipei Branch became the first existing building in Taiwan to achieve WELL Platinum Certification back in 2021. And just this year, in 2025, we successfully completed our recertification. That's not just a milestone. It's proof that creating a healthy workplace is a long-term commitment, not a one-time goal.

